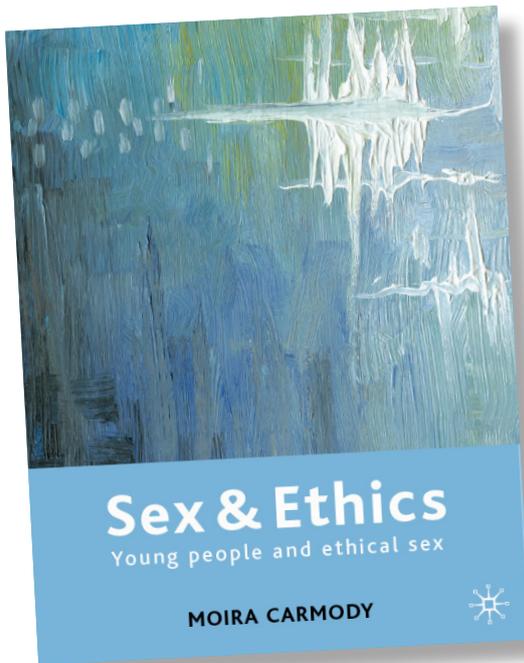


Sex & Ethics

TWO BOOK PACK — MOIRA CARMODY



Sex & Ethics: young people and ethical sex

Many young people are beginning their sexual lives early. But how can they negotiate their sexual lives with both pleasure and safety? Sexuality education is common in many countries but, despite this, young people often feel this education fails to provide them with the knowledge and skills they need to negotiate sex ethically. *Sex & Ethics: young people and ethical sex*, drawn from interviews and research with people aged 16–25 from rural and urban Australia, argues for a new approach to sexuality and sexual assault prevention education based on developing skills in ethical intimacy. The long term follow-up of the sexual ethics education program demonstrates a significant positive impact on young people's lives. *Sex & Ethics* will be of particular interest to sexuality and violence prevention researchers, educators and practitioners and all people who work with or care for young people.

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Bibliography

About the author

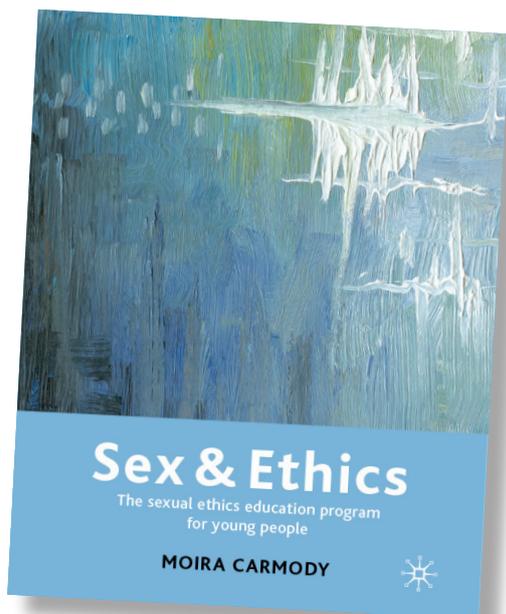
Moira Carmody (PhD) is Associate Professor at the Social Justice and Social Change Research Centre at the University of Western Sydney, Australia. She has been working in the area of sexual assault since 1983. Moira's broad range of experience in the field of sexual assault prevention includes working as a sexual assault counsellor and co-ordinator, community educator, policy advisor to state and federal governments in Australia and an academic researcher and educator in social sciences and criminology.

KEY FEATURES

- Ethical practices
- Brings together research and other scholarship on sexuality and violence prevention
- Focuses on showing how the challenges faced by young people negotiating their sexual lives can be addressed
- Considers how to address the prevention of sexual violence within dating relationships
- Provides a framework to help young people make ethical decisions in which they take care of themselves and are also mindful and respectful of others

Provisional publication details:

Publication date: 15 December 2008
 Price: \$79.95 pack of both books
 Extent: 200 page book,
 180 page program book
 Format: 247 × 190 book,
 253 × 202 program book
 ISBN: 9781420256116



Sex & Ethics: the sexual ethics education program for young people

How can young people negotiate their sexual lives with both pleasure and safety? *Sex & Ethics: the sexual ethics education program for young people* is an innovative approach to addressing this complex issue. It is designed for young women and men aged 16–25 years and aims to increase their knowledge and skills in ethical intimacy and reduce unwanted, coerced or pressured sex. Sessions include activities on sexual ethics, pressures to be sexual, non-verbal

and verbal communication skills, alcohol and its impact on ethical negotiation, ethical consent, negotiating conflicting desires and needs in relationships, breaking up and ethical bystander skills. The program also provides learning objectives for each of the six sessions, educator's notes including detailed instructions on how to run each activity, handouts, worksheets and overheads for each session and suggested readings for educators.

This program can be run in schools, universities, community organisations or any other location working with young people.

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- Handouts and overheads

Sample certificate of attainment
Educators' evaluation & reflection form
Suggested further readings

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